

The Southwest and Pacific



Learning Objectives

- Explain the historical and traditional influences of the cuisine of the American Southwest and Pacific coast states.
- Explain how the emergence of “California Cuisine” has affected the evolution and development of America Cuisine throughout the United States.
- Execute your daily production within the class time

PACIFIC STANDARD TIME
4:00

MOUNTAIN
STANDARD TIME
5:00

CANADA



PACIFIC
OCEAN

MEXICO

TEXAS

San Antonio

Major Influences of Southwestern Cuisine



- ◇ Mexican food
- ◇ Texas: BBQ & Chili
- ◇ Foods of the South



*Tex-Mex
Cuisine?*

*South-
western
Cuisine?*

*Mexican
Cuisine?*





Navajo Fry Bread

Ancho Chili Relleno





Texas Red Chili

*New Mexico
Green Chili*



Native Americas Harvesting Wild Rice



Nopales and Prickly Pears



Wild Rice



Pacific Northwest

Seafoods of the Northwest

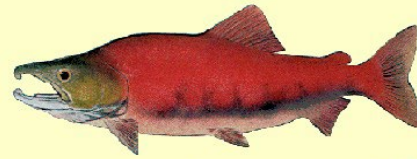
Pacific salmon

Crabs

Razor clams and

Geoduck

Oysters, clams,
mussels, periwinkles



sockeye



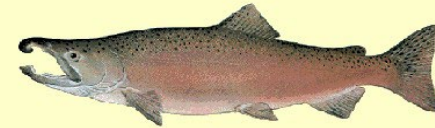
coastal
cutthroat
trout



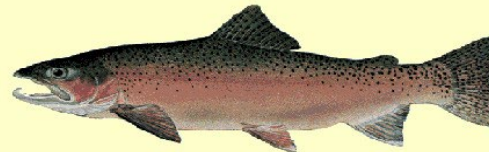
chum



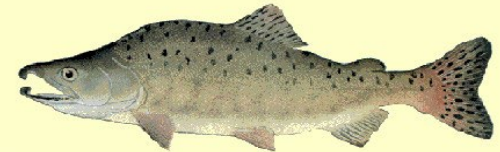
chinook



coho



steelhead



pink



Seattle Fish Market



FANCY
KING CRAB
SECTIONS
\$19.99

WE
THE
NO
FRESH
JUMBO
GRILLING
SCALLOPS

TRAVIS SPECIAL
FRESH SMALL RED
KING SALMON
\$7.99

WE ALSO PROVIDE
FREE DELIVERY TO
ALL NEIGHBORHOODS

FRESH
ALASKA
SPOT PRAY
\$19.99
FANCY
GRILLING
SCAMPI'S

WE PACK FISH
TO GO FOR
48 HOURS

FANCY
COOKED
KING CRAB
SECTIONS
WE PAC-EM
TO GO

COOKED
SS CRABS
C-EM-TO-GO

WE CLEAN
ALL CRABS
NO EXTRA CHARGE

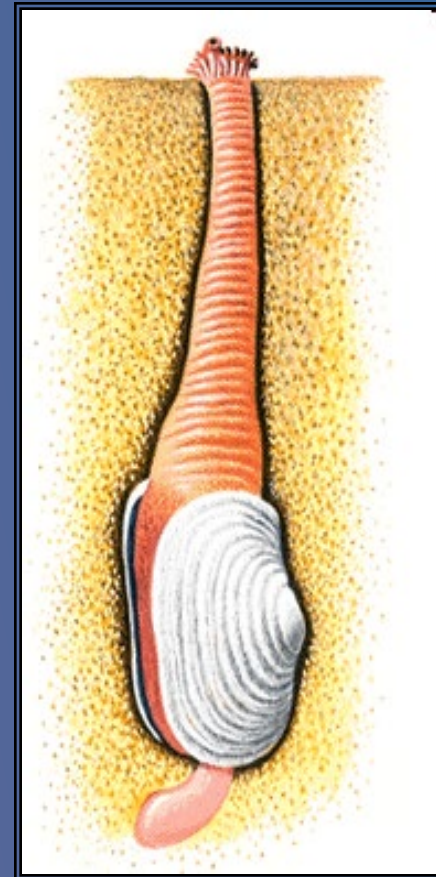
FANCY
JUMBO
GRILLING
LOBSTER
TAILS

FRESH
MONKFISH
\$14.99

FRESH
ALASKAN
HALIBUT
CHEEKS
\$19.99

FANCY
COOKED
PEELED
DEVEINED
SHRIMP
\$17.99

Geoduck



Northwest Produce Market



Planked Salmon



Pacific Northwest Farming in Winter and Early Spring



Brent Wasser



Willamette Valley Oregon



Huckleberries



Pacific Northwest Cheese

Mt. Townsend



Rogue Blue





Arctic Char



Spanish Mission in Santa Barbara



Northern California Coastline

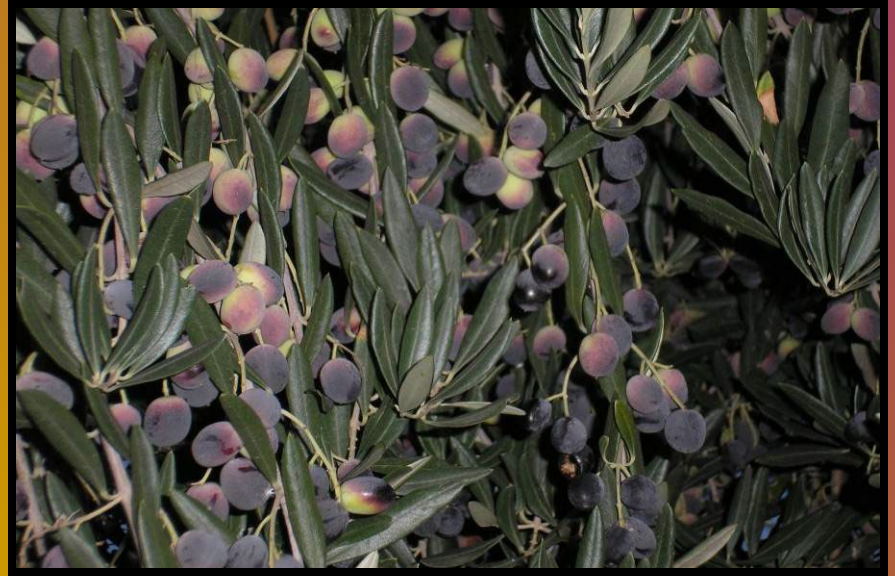




Central Valley California



California Products



Ferry Point Farmers Market





Croutons

Crostini



Cioppino



Tomatillos

